



Barking & Dagenham College

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CPCAB (Counselling & Psychotherapy Central Awarding Body) Therapeutic Counselling Diploma Level 4

Train to become a Counsellor by achieving our advanced CPCAB counselling qualification. Learn how to advise and support people experiencing emotional difficulties or challenges.



What will I learn?

This is an advanced course which is suitable for anyone who has already completed both the CPCAB counselling courses at Level 2 and Level 3 - both of which are offered at Barking & Dagenham College.

This course offers both practical and theoretical training covering:

- counselling skills
- concepts of counselling
- beginning theory and skills in counselling
- personal therapy
- theory and practice

On the practical side, you will start to work with real clients and will need to secure a placement in an outside agency. Over the 2 years of the course, you need to have completed a minimum of 100 voluntary counselling hours. You are required to attend supervision.

You will also be required to undertake 20 hours of personal therapy each year.

It is also essential that you become a student member of the British Association of Counselling and Psychotherapists (BACP). You can find the details of membership on the BACP website.

How will I be taught?

Class sessions will be weekly lectures and may include some Saturday workshops.

Class sessions will be participative combining individual work, tutor input, group exercises and role-plays. There will also be background reading.

How will I be assessed?

You will complete a written assignment for each unit and at the end of the course there is a written examination.

During your voluntary placement you will need to complete a counselling hours log, and your supervisor on the placement will provide the College with a written report on your progress.

What qualifications do I need to qualify for this course?

You must have achieved the CPCAB Certificate in Counselling at Level 2 and the CPCAB Certificate in Counselling Skills and Theory at Level 3. Admission onto this course is by interview.

What can I do after this course?

Please talk to our counselling tutors for information about your next steps.



Apply online

Visit

<https://www.barkingdagenhamcollege.ac.uk/en/all-courses.cfm/page/0000000224>



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