



Barking & Dagenham College

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City & Guilds Beauty Therapy Diploma Level 1

Build your career as a top beautician with a beauty therapy course at Barking & Dagenham College.

If you follow the Beauty Therapy Diploma course from level 1 to 3, you will learn a broad range of beauty treatments, including: nail technology, make-up, eyelash and brow treatments, waxing, massage, electrotherapy and spray tanning. You will also learn the other skills needed to succeed in your work, including reception skills, client care and health and safety issues. The level 1 course has been designed to develop your skills in Beauty Therapy and provide you with the foundation for further learning. It will also enable you to perform your own basic services and to assist others in the salon.

What will I learn?

This qualification has been specially designed to develop your practical skills throughout the following units -

- Follow Health and Safety in the Salon
- Introduction to the Hair and Beauty Sector
- Providing Basic Manicure Treatment
- Providing Basic Pedicure Treatment
- Salon Reception Duties
- Skin Care
- The Art of Photographic Make-Up
- Themed Face Painting
- Working with Others in the Hair and Beauty Sector
- Basic Make-Up Application
- Create a Hair and Beauty Image
- Nail Art Application
- Presenting a Professional Image in a Salon

The purpose of this qualification is to develop your skills in Beauty Therapy and will provide you with the foundation for further learning. It will also enable you to perform your own basic services and to assist others in the Salon.

How will I be taught?

You will be taught in our fully equipped beauty classrooms using all the latest massage and beauty equipment.

The practical units are combined together with the theory such as Anatomy and Physiology. The treatments are practiced on each other in the beauty classrooms ready for assessments.

How will I be assessed?

Assessment will take place throughout the course from attendance, punctuality, grooming, attitude and effort but to pass the qualification, you will also need to pass the following competently -

- Tests
- Written Assignments
- Practical Assessments

What qualifications do I need to qualify for this course?

You will need at least 2 GCSE grades at E or above, or have successfully completed a relevant Entry Level Qualification.

You will need a good standard of spoken English, which is essential for communicating with your clients.

If you are a mature student, previous work experience, enthusiasm and motivation to succeed and to progress will be taken into account.

What can I do after this course?

Beauty Therapy can take you wherever you want it to. You just need motivation, dedication and commitment to the course and yourself.

There is a wide range of opportunities at Level 2 and beyond for you to progress on to further study in the beauty therapy, media make-up or hairdressing sectors.

Please discuss your career ideas with your lecturer and they will work with you to help you plan your route to success.

Will I need any special equipment?

You will be required to purchase a Beauty kit and a Beauty Uniforms.

The Beauty kit consists of all products and equipment needed to complete the Level 1 Beauty Course.

Apply online

Visit

<https://www.barkingdagenhamcollege.ac.uk/en/all-courses.cfm/page/0000008285>





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